



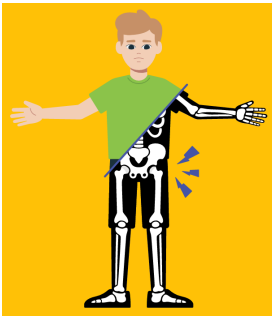
Patient Information Sheet for Children Age 5-9

A study about children with a hip problem

Chief Investigator: Professor Daniel Perry



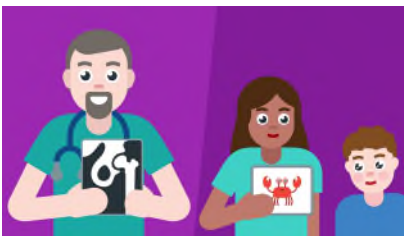
We'd like your help to find the best way to treat children with a hip problem called Perthes' Disease, just like yours.



With Perthes' Disease the hip bone becomes an odd shape that is painful and stops you doing the things you love.

This problem is treated in two ways:

Sometimes doctors do special exercises, where they teach you lots of ways to keep your hip moving.



Sometimes doctors do surgery, where they do an operation to change your hip when you are fast asleep.

Both treatments will hurt, though the operation will hurt more for a few weeks, though we'll give you special tablets to help the pain.

But doctors are not sure which treatment is best.

The best way to find out is give some children special exercises and others an operation.

To make it fair you will not be able to choose your treatment – the study will fairly chose this for us.



One of your doctors or nurses will ask if you understand the study and what will happen. They will ask you to write your name on a piece of paper to say that you understand.



As you get better, we will ask questions about your walking and playing and if you have pain. This will help us to find out the best way to treat Perthes' Disease.

WHY ARE YOU ASKING ME?

We are asking lots of children who have a hip problem like you.



DO I HAVE TO SAY 'YES'?



No you don't. If you say no, nobody will mind and you will get the usual care done at your hospital. If you say yes, you can still ask questions and change your mind later – just talk to your family or the doctors and nurses to talk to about your thoughts.

WHAT DO I DO NOW?

Talk with your family about what you are being asked to do. The doctors and nurses would also be happy to answer questions if you would like them to.

Thank you

www.opnonstop.org